

Coronavirus (COVID-19) Family Update Tuesday, March 24, 2020



From the Executive Director

Dear Family Members

Like you, we are watching with disbelief as the number of COVID-19 cases continues to grow in our state and nation.

We never expected this degree of disruption in our daily lives, yet it is absolutely necessary that we do our part to help stop this pandemic.

Together, we are doing our best to maintain a sense of normalcy. Even so, there are situations that require us to take unusual steps to maintain the safety and ensure protocols are being followed. We are aware of the inconvenience this causes and appreciate your understanding.

Please be assured we are continuing to monitor and take direction from national, state and local health officials. Anyone entering our community must complete a health screening questionnaire and temperature check. There are no exceptions.

The uncertainty of how long this situation will continue requires patience and prayer. We are confident that by working together, we will get through this crisis.

Thank you,

Michelle Rosenheim
Executive Director

Stay Virtually Connected with Family Members

Our doors may be closed temporarily to outsiders, but our online community is open to everyone.

Follow us [@millersgrant on Facebook](#) to see photo and video stories about what's happening at our community.

We're getting creative with activities and programming. Our Resident Life Coordinator offers Fitness on the Balcony classes so residents can get their 30 minutes of physical exercise each day.

Visit our Facebook page [@millersgrant](#) to view the video below.



Fitness on the Balcony Video

"Every storm eventually runs out of rain."

Maya Angelou



Social distancing and visitor restrictions undermine the sense the community we all thrive on and need as individuals. Small acts of kindness, faith, daily inspirations and virtual and old-fashioned forms of communication, can bring families together despite these restrictions and uncertainty.

Along with weekly devotions shared on our internal TV channel and through email, Rev. Stacey Brady shares a daily inspirational quote like Maya Angelou's above, with residents.

You can always join your family member in these rituals by visiting **Facebook**, where we post the same inspirational quotes and devotions that are shared with your family members.

Creative Connections

Take advantage of video chats and other virtual forms of communication to stay connected with your loved ones:

FaceTime (iPhone, iPad, Mac)

Skype

Zoom

Letters, Doodles & Pictures: Mail or email your loved one a note or hand drawn picture from a grandchild.

Movie Day: Pick a movie to watch at the same time. If you can, connect using FaceTime or Skype and watch it together!

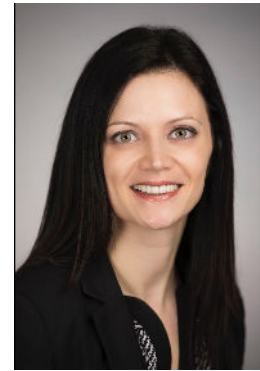
Scrabble App: Invite your loved one to play a game of online Scrabble or other online games.

Dance Party: Record the grandkids dancing to their grandparent(s) favorite song and send it to them via email or text.

A Final Note from the Executive Director

Please join us in praying for those impacted by the coronavirus and for the safety and well being of our community and families. We will communicate with you weekly and as needed.

Thank you for your cooperation and understanding. You may visit www.millersgrant.org/coronavirus for more information. If you have any questions, please call (410) 696-6700 or email us at LVMGCares@millersgrant.org. Be safe and take care.



Warmest Regards,

Michelle Rosenheim
Executive Director

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