

Coronavirus (COVID-19)

Family Update

April 28, 2020

From the Executive Director

Dear Lutheran Village at Miller's Grant Families,

We continue to have zero cases of coronavirus in our community. Every day we can say those words it is a blessing.

We remain vigilant in our preventive measures and protocols. We credit our team members, residents and you for your support and cooperation.



Where are We Now

The risk of exposure to COVID-19 remains very real. There is no vaccine and there is no proven method of treatment for COVID-19.

Behavioral actions like social distancing, stay-at-home measures, and visitor restrictions have proven to be our best option for prevention so far. We'll continue to follow these protocols procedures until we're advised otherwise by state and national health officials. These include:

Stay-at-Home.

Thank you for continuing to help keep the community safe by staying home. Residents are permitted to leave the community for contactless trips (i.e. hikes, walks, bike rides, grocery order pick up, etc.). **However:**

- If residents leave the community and have contact (i.e. doctor appointments, pharmacy pick-up in the store, physically shop in the grocery store), we ask that they stay in your apartment for 14 days.
- Residents who have a hospital stay, admission to a skilled or assisted living, visit from EMS, etc. will be required to stay in their apartment for 14 days.

No Visitors Allowed.

Only essential health visits or end-of-life visits are allowed, and these individuals must be screened, and their temperatures checked.

Keep Supply Drop Offs Running Smoothly.

Please notify your family member when you drop off supplies so they can come get the supplies or we can deliver them to the apartment. In addition, we know you miss your loved ones, but please do not visit in parking lots, driveways, etc. Even if you are socially distancing, this is extremely challenging to manage with the large number of residents

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residing at the community. Please help us maintain a safe community.

Wear Face Masks.

Residents who leave their apartments for any reason are requested to wear a face mask.

People can test positive for coronavirus and spread the virus even if they are not showing symptoms. CDC advises using a simple cloth to cover your face in an effort to slow the spread of the virus and prevent people from unknowingly transmitting the virus to others.

A Shout-Out to Our Dining Services Team!



Maintaining Our Best Selves... You Can Too.

Helping residents be their best selves is still our mission. In addition to participating in our Fitness on the Balcony classes, residents also head to their balconies and parking lot for T'ai chi and Bingo. From OSHER Lifelong Learning <https://advanced.jhu.edu/academics/non-credit-programs/osher-lifelong-learning-institute/> and the Baltimore Council of Foreign Affairs <https://www.bcfausa.org/> residents are taking online classes.

We're organizing teams of walkers to participate in Prevention Magazine's Virtual Walk on Saturday, May 2. Anyone can participate, click here for more

information. <https://runsignup.com/Race/AA/YourCity/PreventionVirtualWalk>

Entertainment in the Courtyard and Online

Many professional musicians including some Miller's Grant residents continue to set up in the courtyard and perform live. Residents practice social distancing guidelines and sit outdoors or open their windows and patio doors to hear performances. And, the grandchild of a resident living at Carroll Lutheran Village is sharing his musical talents on YouTube, called "Scripture and Song":

<https://www.youtube.com/playlist?list=PLSpJu56zFowWMITI2nTeF0mP480iXfhcM>

An Update from Carroll Lutheran Village

There is one confirmed case of COVID-19 in Independent Living and zero confirmed cases in Assisted Living. The IL resident is someone who has been in the hospital and the Health Care Center and has been isolated in their apartment; they were transferred to the hospital.



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In the Health Care Center there are a total of 23 individuals and 10 staff members who have tested positive for COVID-19; eight individuals have died in connection with the virus. Please keep in mind, these are cumulative numbers. Of these:

- Eighteen residents are on the other side of 14 days since being diagnosed.
- One has successfully discharged home.
- Three team members who tested positive are recovered and returning to work.

We are with them in spirit and incredibly proud and grateful for their dedication. Please keep the entire Carroll Lutheran Village community in your prayers.

Questions?

Families, friends and residents with questions, concerns, suggestions may email us at **LVMG Cares Email:** LVMGCares@millersgrant.org or visit www.millersgrant.org/coronavirus for updates. We encourage you to visit our Facebook page <https://www.facebook.com/millersgrant/>

Take care,

Michelle Rosenheim
Executive Director
Lutheran Village at Miller's Grant