

Coronavirus (COVID-19)

Family Update

April 14, 2020

From the Executive Director

Dear Lutheran Village at Miller's Grant Families,

"Be strong now because things will get better. It might be stormy now, but it can't rain forever." It's hard to believe that we are in the second month of this pandemic, but I believe we are beginning to see an end to the storm.

Team members are working hard and giving their all to keep residents safe and healthy while creating some sense of normalcy. Residents at CLV in PPE stood outside of the main entrance last week to welcome and shower staff with gratitude as they arrived for their morning and afternoon shifts. Residents at LVMG made personalized notes and candy bags for team members to show their appreciation.

Feeding Our Bodies & Our Souls

With social distancing and stay-at-home requirements in place, everyone is stepping up to keep things running smoothly. Every day our dining services team prepares and delivers more than 300 meals. More than 750 grocery items were delivered to residents over a two-week period. And Chick-Fil-A delivered us lunch, courtesy of First Financial Federal Credit Union of Maryland.



Beacons of Hope in Faith

Spiritual health is essential to the well being of LVMG residents, and our ministry continues to provide comfort and peace. Worship is being televised on closed-circuit TV. Chaplains write letters of support to residents and offer interfaith resources to our team and residents. Residents have access to prayer, inspirational quotes, and opportunities to sign up for daily reflections, weekly devotions, and "prayer time" via conference call.

COVID-19 Update

There are no coronavirus cases at Lutheran Village at Miller's Grant. Please continue to keep those individuals at Carroll Lutheran Village's Health Center who are recovering from coronavirus in your prayers.

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All of us appreciate the support and cooperation of everyone. These protocols and stay-at-home orders are far from convenient and you miss your families. However, when we make personal decisions that are in the best interest of everyone, we have a better chance of keeping our community safe. Here are a few reminders:

Stay-at-Home. We have seen a drastic decrease in residents leaving the community. We appreciate everyone's cooperation and efforts in keeping the community safe.

Keep enjoying the outdoors! Residents are permitted to leave the community for contactless trips (i.e. hikes, walks, bike rides, etc.). **However, if residents leave the community and have contact (i.e. doctors, pharmacy pick up in the store), we will ask that they stay in their apartment for 14 days.**

Wear a mask or cloth face covering. If residents do leave the community, we ask that they follow CDC recommendations to wear a mask, cloth face covering, etc. over their face.

NOTE: People can test positive for coronavirus and spread the virus even if they are not showing symptoms. CDC advises using a simple cloth to cover your face in an effort to slow the spread of the virus and prevent people from unknowingly transmitting the virus to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

Face Masks!

Thanks to the sewing talents and generosity families and residents, we have a limited number of cloth face masks available for residents. Residents can contact Lynn Glaeser at lglaeser@millersgrant.org.

Note: These are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.



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No Visitors are allowed, except to provide essential health care or compassionate care for end-of-life cases. These essential visitors must complete a health questionnaire and have their temperature checked before entering the community.

We've had a couple of frequently asked questions this past week so we're sharing those here. If you have other questions, please email us at lvmgcares@millersgrant.org.

Q1. Are residents supposed to wear masks when they are in the common areas of the main building, i.e. the mailroom?

CDC recommends individuals cover their faces with a cloth mask or object (i.e. scarf or bandana) if heading out of their homes. Internally, it is up to residents to decide, but we always recommend residents observe social distancing of 6 feet or more.

Q2. Do our nurses, aides and the rest of the AL and HC workers have adequate PPE?

Yes. We track our inventory daily. We have several avenues that are filtering us PPE and we have strong relationships with the local health departments for additional resources if needed.

Questions, Suggestions or Concerns?

Families, friends and residents with questions, concerns, suggestions may call or email us.

- **LVMG Cares Email:** LVMGCares@millersgrant.org
- Visit www.millersgrant.org or <https://www.facebook.com/millersgrant> for updates.

Take care,

Michelle Rosenheim
Executive Director
Lutheran Village at Miller's Grant