





# Coronavirus (COVID-19) Resident Update

April 28, 2020

#### From the Executive Director

Dear Lutheran Village at Miller's Grant Residents,

We continue to have zero cases of coronavirus in our community. Every day we can say those words it is a blessing. We remain vigilant in our preventive measures and protocols. We credit all of you and our team members for your daily dedication, support and understanding. We couldn't do this without you!

#### What's Next

We are not through the woods yet. Risk of exposure to COVID-19 remains very real. Until there is a vaccine or a proven method for treatment for COVID-19, we'll continue to rely on behavioral actions like social distancing, stay-at-home measures, and visitor restrictions. These have proven



to be our best option for prevention so far and we'll continue these protocols and procedures until we're advised otherwise by state and national health officials.

Please continue to do your part in our efforts to prevent exposure to the virus by following these guidelines:

#### Wear Masks.

We strongly advise residents to wear mask when traveling throughout the community. **People can test positive for coronavirus and spread the virus even if they are not showing symptoms.** We have many masks available for residents who want them. Please contact Lynn Glaeser, *Director of Resident Life* 410-696-6713 <a href="mailto:lglaeser@millersgrant.org">lglaeser@millersgrant.org</a>.

*Important!* The width of our hallways and some common spaces like the mailroom don't always allow for 6 feet of social distancing. Please be mindful of others by wearing masks and waiting for others to move along before entering or passing. We have added some reminder signs at the elevator on each floor about social distancing in the hallways.







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## Stay-at-Home.

Thank you for continuing to help keep the community safe by staying home. You are permitted to leave the community for contactless trips (i.e. hikes, walks, bike rides, grocery order pick up, etc.). *However:* 

- If you leave the community and have contact (i.e. doctors, pharmacy pick up in the store, physically shop in the grocery store), we ask that you stay in your apartment for 14 days.
- Residents who have a hospital stay, admission to a skilled or assisted living, visit from EMS, etc. will be required to stay in their apartment for 14 days.

#### No Visitors Allowed.

Only essential health visits or end-of-life visits are allowed, and these individuals must be screened, and temperature checked.

# **Keep Supply Drop-Offs Running Smoothly.**

Please have your family member notify you when they drop off supplies so you can come get the supplies or we can deliver them to the apartment.

## Social Distancing Still Required.

We know you miss your loved ones, but for the safety of your fellow residents and LVMG team members, please do not visit in parking lots, driveways, etc. Even if you are socially distancing, this is extremely challenging to manage with the large number of residents residing at the community.

#### Resources

**Delivery Services:** Pharmacy, Grocery and Restaurant delivery service lists are available. Please contact Lynn Glaeser at 410-696-6713 or lglaeser@millersgrant.org

**Crossroads Pharmacy:** (Phone) 410-772-7912 Offering Free delivery on all prescriptions & over the counter medicines. They accept all insurances. Free N95 mask with every prescription transfer.

**Questions?** LVMGCares@millersgrant.org or visit <a href="https://www.millersgrant.org/coronavirus">www.millersgrant.org/coronavirus</a> for updates







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# **Maintaining Your Best Self**

Helping you be your best selves is still our mission. From fitness and activities to healthy dining and wellness, our team is doing their best be creative and resourceful to keep you "whole-person healthy!" Be sure to check out our Flourish programming.

Thank you to all residents who have volunteered their time and talents to the community during this challenging time.

## An Update from Carroll Lutheran Village

There is one confirmed case of COVID-19 in Independent Living and zero confirmed cases in Assisted Living. The IL resident is someone who has been in the hospital and the Health Care Center and has been isolated in their apartment; they were transferred to the hospital. In the Health Care Center there are a total of 23 individuals and 10 staff members who have tested positive for COVID-19; eight individuals have died in connection with the virus. Please keep in mind, these are cumulative numbers. Of these:

- Eighteen residents are on the other side of 14 days since being diagnosed.
- One has successfully discharged home.
- Three team members who tested positive are recovered and returning to work.

We are with them in spirit and incredibly proud and grateful for their dedication. Please keep the entire Carroll Lutheran Village community in your prayers.

## A Shout-Out to the Dining Services Team!



Take care,

Michelle Rosenheim Executive Director Lutheran Village at Miller's Grant

## Visit our Facebook page

https://www.facebook.com/millersgrant/ and encourage your family members to do the same.