



Coronavirus (COVID-19)

Residents Update

April 14, 2020

From the Executive Director

Dear Lutheran Village at Miller's Grant Residents,

"Be strong now because things will get better. It might be stormy now, but it can't rain forever."

It's hard to believe that we are in the second month of this pandemic, but I believe we are beginning to see an end to the storm. Team members are working hard and giving their all to keep you both safe and healthy and create some sense of normalcy.

COVID-19 Update

There are no coronavirus cases at Lutheran Village at Miller's Grant. All of us appreciate the support and cooperation of you and your family members. These protocols and stay-at-home orders are far from convenient and we know you miss your families. However, when we make personal decisions that are in the best interest of everyone, we have a better chance of keeping our community safe.

Please continue to follow these guidelines:

Stay-at-Home. We have seen a drastic decrease in residents leaving the community. Thank you for your cooperation and efforts in keeping the community safe.

Keep enjoying the outdoors! Residents are permitted to leave the community for contactless trips (i.e. hikes, walks, bike rides, etc.). **However, if you leave the community and have contact (i.e. doctors, pharmacy pick up in the store), we will ask that you stay in your apartment for 14 days.**

Wear a mask or cloth face covering. If you do leave the community, we ask that you follow CDC recommendations to wear a mask, cloth face covering, etc. over your face.

NOTE: People can test positive for coronavirus and spread the virus even if they are not showing symptoms. CDC advises using a simple cloth to cover your face in an effort to slow the spread of the virus and prevent people from unknowingly transmitting the virus to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

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Face masks Available!

Thanks to the sewing talents and generosity of families and residents, we have a limited number of cloth face masks available for residents. Please contact Lynn Glaeser at lglaeser@millersgrant.org if you'd like one.

Note: These are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.

Social Distancing Required. Maintaining a distance of 6-feet between you and others is the most effective way to slow the spread of the virus. Please follow these guidelines, even while walking outdoors, in the mailroom, etc.

If you have a hospital stay, EMS visit, or any other connection with someone from outside of the community, you are required to stay in your apartment for 14 days. We would do meal drop off, delivery, assist with mail pick up, etc. for you as we do now.

WORTH NOTING

Be Kind to the Elevator Buttons. Residents please do not use hard objects to push elevator buttons. We have had over 10 buttons broken from this; all of which are beyond repair and will need to be replaced.

Make Room for Your Deliveries. We love the decorations outside of your apartments on your shelves; they make the community special. However, during this time, this is the safest spot to deliver your meals and place communication memos.

Please leave space or remove items from your shelf so we can safely deliver your meals, packages and memos. If you choose to leave your shelf decorated, items will be placed on the ground. Another option would be a small card table in front of your door during meal hours that you would need to remove each night.

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Employee Appreciation Committee. Thanks to all of you for the sweet basket of goodies for our team members. They appreciate you!!

Coming Soon to LVMG! Streaming Services!

We are actively working to be able to stream programming from the learning center. Be on the look in the weekly Resident Life communication regarding when this goes live. Once live, I will schedule an update from the Executive Director.

Dining Dollars

We want to keep you up to date on your dining purchases and meal plan balances. You can find out your balance and track your purchases anytime during the month by calling 410-696-6873. Any purchases that exceed your allocated \$250 dining dollars will show up on your monthly bill.

With social distancing and stay-at-home requirements in place, everyone is stepping up to keep things running smoothly. Every day our dining services team prepares and delivers more than 300 meals. More than 750 grocery items were delivered to residents over a two week period. And Chick-Fil-A delivered us lunch, courtesy of First Financial Federal Credit Union of Maryland.



We've had a couple of frequently asked questions this past week so we're sharing those here. If you have other questions, please email us at lvmgcares@millersgrant.org.

Q1. Are residents supposed to wear masks when they are in the common areas of the main building, i.e. the mailroom?

CDC recommends individuals cover their faces with a cloth mask or object (i.e. scarf or bandana) if heading out of their homes. Internally, it is up to residents to decide, but we always recommend residents observe social distancing of 6 feet or more. A



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limited quantity of cloth masks made by volunteers are available through Resident Life.

Q2. Do our nurses, aides and the rest of the AL and HC workers have adequate PPE?

Yes. We track our inventory daily. We have several avenues that are filtering us PPE and we have strong relationships with the local health departments for additional resources if needed.

Residents not feeling well or experiencing symptoms that include fever, cough, or shortness of breath, should call their primary physician and remain at home. They should also contact Jena Britton, Care Coordinator at 410-696-6818.

Questions, Suggestions or Concerns?

Families, friends and residents with questions, concerns, suggestions may call or email us. Voice messages left after business hours will be returned the following business day.

- **LVMG Cares Email:** LVMGCares@millersgrant.org
- Visit www.millersgrant.org or <https://www.facebook.com/millersgrant> for updates.

Take care,

Michelle Rosenheim
Executive Director
Lutheran Village at Miller's Grant