## Coronavirus (COVID-19) Family Update Update

Assisted Living and Health Care

Wednesday, May 13, 2020

## **From the Executive Director**



Dear Family Members,

For nearly three months, our community has remained COVID-19-free. We credit all of you, our residents and our team members for following our stringent yet necessary guidelines and protocols instituted by the Maryland Department of Health and the Centers for Disease Control and Prevention.

Hoping and praying for the best while preparing for worst is how we continue to battle this pandemic. Our team has adequate training, supplies, and personal protective equipment to fully manage the occurrence of coronavirus in our community.

Today, we learned two individuals in the Health Center tested positive for COVID-19. One individual, a resident in the Health Center, is in quarantine and receiving medical treatment. The other is a nursing employee who has not been on our campus or had contact with any resident or team member in the past 14 days.

There is no indication that anyone living or working at LVMG has been exposed to the employee. We are closely monitoring all residents and team members for signs and symptoms of COVID-19.

Vice President of Operations Ken Connelly leads the COVID-19 task force and we are in frequent contact with the local and state health departments. We continue to adhere to all protocols set by the Centers for Disease Control and Prevention (CDC) and the Maryland Department of Health to mitigate the risk of spreading COVID-19.

These protocols include strict hand washing procedures and wearing full Personal Protection Equipment (PPE), including N95 masks, eye goggles, gowns, and gloves when interacting with residents who are sick.

Health care residents are screened three times a day and anyone exhibiting symptoms is placed in isolation. Team members are screened at the start of every shift; anyone showing symptoms is sent home for self-isolation.

Other guidelines remain in place throughout the community, including:

- No visitation
- Health screening and temperature checks for all essential visitors (end of life care), team members and residents entering the community
- Social distancing

- Stay-at-home mandate (until May 15)
- · Group activities and programs are canceled

While Gov. Larry Hogan mandated universal COVID-19 testing for employees and residents in nursing homes, the Health Department determines the order in which the facilities are tested. We will inform you of any updates.

**Is there anything your loved one needs to do?** Continue to take care of his or herself. We understand this news is unsettling. We encourage residents to participate in physical activities, eat well, video chat and text with friends and family, and talk with one of our team members if they're feeling overwhelmed or anxious. We request everyone continue to follow the protocols and guidelines that are in place to keep the community safe.

Residents experiencing symptoms that include fever, cough, sore throat, new loss of taste or smell, muscle pain, or shortness of breath should call their nurse.

We believe an educated community is a safe community. We respect your need and right to know information that impacts your loved one's home, health and well-being. Regular communication that is both informative and transparent remains a top priority for us, and we value and encourage your feedback and questions.

If you have any questions or concerns, please contact me at 410-696-6711, email **LVMGCares@millersgrant.org** or, beginning Thursday, May 14, call the LVMG Cares Hotline at 410-696-6770. Shawna Maraj can also be reached at **smaraj@millersgrant.org** or 410-696-6782.

## **RESOURCES**

**Questions?** LVMGCares@millersgrant.org or visit www.millersgrant.org/coronavirus for updates

Need Help Connecting with Technology? Email LVMGCares@millersgrant.org.

Questions or Concerns? Email LVMGCares@millersgrant.org.

Take care and be well. We will get through this together.

Michelle Rosenheim Executive Director Lutheran Village at Miller's Grant



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