

Coronavirus (COVID-19) Resident Update

Residential Living
Tuesday, May 5, 2020



From the Executive Director

Dear Residents,

Life goes on at LVMG because everyone is doing their small part to make the best of a tough situation.

Last week team members were beaming from your hundreds of letters of appreciation. Thank you for showering them with your gratitude. Your kind words mean the world to them, and me.



Blessing in a Backpack Continues

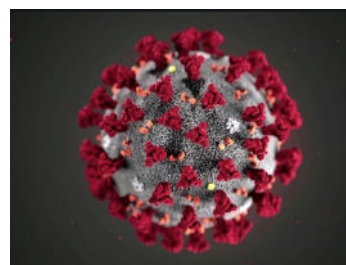
The children of Howard County still need our support. Lutheran Village at Miller's Grant continues to donate food to support students from the Swansfield Chapter. Thank you!!

"When I fill my soul with gratitude, my light shines brighter & my love spreads wider."

Julie Richmond

COVID-19 Update

Gov. Larry Hogan says any easing of the widespread social distancing measures that have been in place since mid-March will be gradual and won't start until at least later this month.



Our decisions to ease restriction will be directed by the Centers for Disease Control and Prevention and the local and state health officials. Your safety and the safety of team members is our priority, so we will err on the side of caution when determining when to ease restrictions.

There are ZERO cases of COVID-19 to report at LVMG. We are fortunate and thankful and will continue to maintain behavioral actions like social distancing, stay-at-home measures, and visitor restrictions in an effort to prevent exposure to the virus.

A Bit of Good News: Patients with advanced COVID-19 who received the experimental drug Remdesivir recovered faster than similar patients who received placebo, according to preliminary trial data, the National Institute of Allergy and Infectious Diseases said. <https://www.youtube.com/watch?v=SdqINNAEju0>



More good News!

This week, we learned a tough, amazing, beautiful 104-year-old CLV resident who tested positive for COVID-19 was well enough to move from isolation back to her room on her own with the help of a walker. In the midst of the battle, Vivian is one of our silver linings!

Who Gets Tested for COVID-19?

There is national discussion taking place about mandating COVID-19 testing in nursing homes. Currently, who receives COVID-19 testing is determined only by a primary care physician who follows Centers for Disease Control and Prevention (CDC) guidelines.

Howard County Health Department's recommendations for Coronavirus testing:

1. People without symptoms do not need to be tested.
2. People with mild symptoms who are otherwise healthy can self-quarantine and monitor their temperature, and symptoms and check in with the provider as needed. No testing is needed.
3. People who have severe symptoms, like difficulty breathing, should seek care immediately so a medical provider can provide assessment, treatment and determine if testing is needed.
4. Older patients and individuals who have underlying medical conditions or are immunocompromised should contact their medical provider even with a mild illness to determine if testing is needed. In some situations, they will need to be evaluated in an emergency department.

If you are not feeling well or experience symptoms that include cough, fever, sore throat, chills, runny nose, and/or shortness of breath, contact your personal

physician for guidance and then call our Care Coordinator at 410-696-6818 who will return your call.

COVID-19 Task Force Update

The COVID-19 task force continues to meet daily to ensure our communities are doing everything we can possibly do to keep you and our team members safe. Led by VP of Operations Ken Connelly, he's joined by CEO Jeff Branch and CLV and LVMG leaders.

During the call, we share best practices, review changes in state and national protocols, and discuss challenges and solutions. We ask, *"What can we do better? How can we make life better? What can we do to make you safer?"*

Change in Hours for Security Guard Stationed at Entrance

Over the past several weeks, whenever possible we have had a security guard stationed at the entrance of our community. Our goal was to educate visitors and residents of our policies, procedures, and risk of leaving the community.

Beginning this week, you will notice the hours the security guard is at the front entrance will begin to decrease.

Please note that this change in hours does not reflect a change in our policies for leaving the community or visitation. **We strongly encourage residents not to leave the community unless it is for an essential medical appointments.**

- If you leave the community and have contact (i.e. doctors, pharmacy pick up in the store, physically shop in the grocery store), we ask that you stay in your apartment for 14 days.
- Residents who have a hospital stay, admission to a skilled or assisted living facility, visit from EMS, etc., will be required to stay in their apartment for 14 days.

We're Craving a Community Reunion, Too

But not yet. Part of what makes Miller's Grant so special are the relationships you all have with each other and with our team members. As an executive director who thrives as much as you do from personal interactions and engagement, the governor's executive order for social distancing is a challenging one, and I cannot wait for what will feel like a family reunion!

Until then, it is imperative that group gatherings of 10 do not occur inside or outside of the building. In addition:

- Please do not visit in parking lots, driveways, etc. Even if you are socially distancing, this is extremely challenging to manage with the large number of residents residing at the community.
- If you are walking, talking to a neighbor, please ensure you remain six feet apart from each other.

- If you are inside the building, please wear your mask.

Here's Why:

People can test positive for coronavirus and spread the virus even if they are not showing symptoms. If you need a mask, please contact Lynn Glaeser, *Director of Resident Life* 410-696-6713 or lglaeser@millersgrant.org.

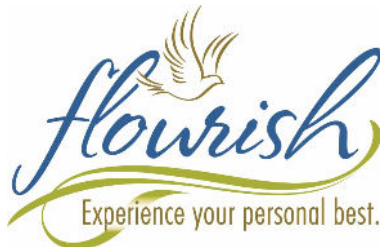
A Few Friendly Reminders

No Visitors Allowed.

Only essential health visits or end-of-life care are allowed, and these individuals must be screened, and their temperatures must be checked.

Keep Supply Drop-Offs Running Smoothly.

Please have your family member notify you when they drop off supplies so you can come get the supplies or we can deliver them to the apartment.



Maintaining Your Best Self

Helping you be your best selves is still our mission. From fitness and entertainment to healthy dining and wellness, our team is doing their best to be creative and resourceful to keep you “whole-person healthy!” Be sure to check out the **Flourish programming**.

Reminder! Nominations for Miller's Grant Resident Association is officially open. [Download the details here.](#)



Happy 40th Anniversary!

Carroll Lutheran Village celebrated a 'soft' anniversary kick off for its 40th anniversary on May 4, 2020

This video story highlights the groundbreaking celebration! Be sure to share your well-wishes on <https://www.facebook.com/CarrollLutheranVillage>.



RESOURCES

Delivery Services: Pharmacy, Grocery and Restaurant delivery service lists are available. Please contact Lynn Glaeser at 410-696-6713 or lglaeser@millersgrant.org

Crossroads Pharmacy: Offering Free delivery on all prescriptions & over the counter medicines. They accept all insurances. Free N95 mask with every prescription transfer.
Phone: 410-772-7912

Questions? LVMGCares@millersgrant.org or visit www.millersgrant.org/coronavirus for updates

Need Help Connecting with Technology?
Email LVMGCares@millersgrant.org.

Have Questions or Concerns?
Email LVMGCares@millersgrant.org.

Need Updates?
Visit our [Website](#) for updates or **Facebook**.

Howard County Department of Health Information Line
Phone: 410-313-6284
8 a.m. - 5 p.m., 7 days a week

We will continue to notify you if there are updates. Our weekly Tuesday updates will continue.

Our Online Community is Open to All! Join Us! Visit and follow our **Facebook Page** [@millersgrant](#) for an inside peek at life in our community.

Take care and be well. We will get through this together.

Michelle Rosenheim
Executive Director
Lutheran Village at Miller's Grant



The Lutheran Village at MILLER'S GRANT | 9000 Father's Legacy, Ellicott City, MD 21042

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