Coronavirus (COVID-19) Resident Update Residential Living Tuesday, May 19 2020



From the Executive Director



Dear Residents,

Last week we honored our nurses for their tireless dedication and hard work throughout the year. Flowers, cards and notes of appreciation from residents and families made these everyday heroes feel especially appreciated and loved.

We pulled together photo video highlighting some of the ways in which we showed our appreciation,

including "Walking Tacos" prepared by our Culinary Services Team! https://www.facebook.com/millersgrant/videos/248509343035600/





Universal Testing for COVID-19 Do LVMG residents qualify?

A few weeks ago, Governor Larry Hogan issued an Executive Order for Universal Testing in long-term care facilities. Since we have a new positive case, we qualify for Universal Testing for our health care residents and assisted living residents only.

As of today, universal testing does not apply to residential living. Only individuals who exhibit symptoms and are at high risk qualify for COVID-19 testing. This

would be done by contacting your physician. Residents experiencing these symptoms should call their primary physician and Care Coordinator Jena Britton at 410-696-6818 or **JBritton@millersgrant.org**.

Stay-at-Home Mandate Lifted in Maryland What does this mean for you?

Gov. Larry Hogan has lifted the stay-at-home mandate in Maryland, but at Lutheran Village at Miller's Grant we're staying the course. **There are no changes to our current restrictions and protocols.**

There is continued risk of COVID-19, especially for people over the age of 65 and with underlying health conditions. CEO Jeff Branch explained in his letter to residents on May 15, 2020:

"As a community, we are in this together, and we need to be mindful that the decisions we make as individuals impact the health of an entire community. We encourage and advise everyone to keep this in mind as they make decisions about whether to leave the community and venture off-campus.

'For the past three months, you have trusted us to do what's best for everyone's health, safety and well-being. We appreciate everyone's support, cooperation and endless grace. This hasn't been easy.

Your health and safety remain our top priority, and we will continue to follow the directives set by national and state health agencies."

Please note:

- Group gatherings of 10 or more should not occur inside or outside of the building.
- Please do not visit family members in parking lots, driveways, etc. Even if you are socially distancing, this is extremely challenging to manage with the large number of residents residing at the community.
- If you are walking, talking to a neighbor, please ensure you remain six feet apart from each other.
- If you are inside the building, please wear your mask.

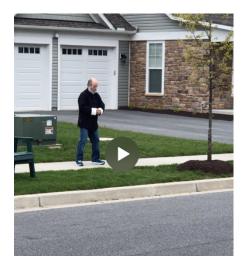
COVID-19 Updates / Reminders

There are two individuals in the Health Center who tested positive for COVID-19. One individual, a resident in the Health Center, is in quarantine and receiving medical treatment. The other is a nursing employee who has not been on our campus or had contact with any resident or team member in the past 14 days. We are closely monitoring all residents and team members for signs and symptoms of COVID-19. For months, our team members have been in PPE and practicing diligent hand washing and infection control measures. In our research and our discussions with state and local health experts, we understand there is a strong possibility that we will see a rise in the number of cases in both assisted living and health care. We are prepared, and have a proper staffing protocols in place to ensure continuity of care and services continue.

We continue to adhere to all protocols set by the Centers for Disease Control and Prevention (CDC) and the Maryland Department of Health, including strict hand washing procedures and wearing full Personal Protection Equipment (PPE), including N95 masks, eye goggles, gowns, and gloves when interacting with residents who are sick. In addition:

- Health care residents are screened three times a day and anyone exhibiting symptoms is placed in isolation
- Team members are screened at the start of every shift; anyone showing symptoms are sent home for self-isolation
- No visitation policy remains in effect
- Health screening and temperature checks are required for all essential visitors (end of life care) and team members entering the community

Outdoor Opportunities for Fun & Fitness



Outdoor T'ai Chi, led by resident

LVMG's Fitness on the Balcony is a hit, and, if you don't have a balcony to participate, join Courtney Abell in the parking lot. We even have a T'ai Chi class!



Courtyard at Miller's Grant... Thank you, Thomas MacLellan, guitarist and vocalist, are featured "Entertainment in the Courtyard" performer! What a great way to spend a beautiful afternoon in Ellicott City. #inthistogether #SocialDistancing

Entertainment in the Courtyard!

Here's snippet from last week when Thomas McClellen performed some James Brown!

https://www.facebook.com/millersgrant/videos/1619131458250312/

Check the latest Flourish to review the calendar of activities

RESOURCES

Delivery Services: Pharmacy, Grocery and Restaurant delivery service lists are available. Please contact Lynn Glaeser at 410-696-6713 or **Iglaeser@millersgrant.org**

Crossroads Pharmacy: Offering Free delivery on all prescriptions & over the counter medicines. They accept all insurances. Free N95 mask with every prescription transfer. Phone: 410-772-7912

Questions? LVMGCares@millersgrant.org or visit www.millersgrant.org/coronavirus for updates

Need Help Connecting with Technology? Email **LVMGCares@millersgrant.org**.

Have Questions or Concerns? Email LVMGCares@millersgrant.org.

Need Updates? Visit our Website for updates or Facebook.

Howard County Department of Health Information Line Phone: 410-313-6284 - 8 a.m. - 5 p.m., 7 days a week

We will continue to notify you if there are updates. Our weekly Tuesday updates will continue.

Our Online Community is Open to All! Join Us!

Visit and follow our **Facebook Page** @millersgrant for an inside look at life in our community.

Take care and be well. We will get through this together.

Michelle Rosenheim Executive Director Lutheran Village at Miller's Grant

