

COVID-19 UPDATE

Independent Living – Families

June 9, 2020

**From the Executive Director
Michelle Rosenheim**

Dear Families,

The state of Maryland this past Friday moved into Phase 2 of the reopening plan. CCRCs and other senior living organizations like Miller's Grant are not included in this phase for several reasons, mainly, our population remains among the most vulnerable and at-risk. We continue to follow local and state health agencies' directives and make decisions about easing restrictions based on what is best for the entire community.

How effective we are in preventing the spread of this virus depends on our residents as much as the guidelines we have in place to keep them safe. We remind residents:

- Proper hand washing and sanitizing are proven ways to prevent the spread of COVID-19. Be vigilant with both!
- Wear a facemask whenever they leave their home and for the entire time that they are outside of their home. If they need a mask, they can contact Lynn Glaeser at 410-696-6713 or lglaeser@millersgrant.org.
- Exposure is defined as face to face contact without a mask, less than 6 feet apart for greater than 10 minutes. Therefore, social distancing is imperative for our community.
 - Social distancing guidelines require everyone to maintain a distance of at least 6 feet. This means:
 - As tempting as it is to pet each other's animals, doing so makes it difficult to maintain the social distancing requirement.
 - No more than 2 people are allowed at one time on the elevator.
 - We strongly suggest residents do not go into each other's homes.



Our protocols and policies are in place to protect the entire community, not just one individual.



We strongly discourage residents from leaving the community unless it is essential to do so. Our current restrictions offer an added layer of security by allowing us to control who comes into our community. When residents leave, we have no control or knowledge about who they come in contact with and we know asymptomatic people can unknowingly spread the virus.

Structured Outdoor Visits Coming Soon

Out of an abundance of caution, we are continuing to assess the structure and appropriate start date for structured outdoor visits. This is an extremely important first step for our community and, in many ways, will serve as a template for how to reopen our community safely. Thank you for your patience. We promise to keep you and your family members informed of our progress. Until then, we're sharing an overview of the guidelines that you can expect to follow:

1. Residents are required to register for a date/time slot.
2. Visits will be limited to 1 hour.
3. No more than 5 people at each designated location.
4. Everyone must wear masks and maintain 6-feet social distancing.

An Activities Update

Keeping our community safe would be impossible without everyone's participation. Thank you for your ongoing patience and cooperation. Lynn Glaeser is leading efforts to plan for how to safely introduce activities back into the community. We're counting on all of you to help us ease these activities back into our daily lives safely.

Join me in thanking the croquet committee. They invested a lot of time and effort researching and creating a sound policy that will ensure when the games continue, players are protected. and the current safety and infection control guidelines are followed.

COVID-19 Update

- 6 team members have tested positive for COVID-19.
 - 4 who were asymptomatic and have been cleared to returned to work.
 - 2 who were symptomatic have recovered and have been cleared to return to work.
- 1 individual in the Health Care Center tested positive and is receiving medical treatment.
- 2 individuals in residential living have tested positive and are receiving medical treatment.

Reminder: Residents not feeling well or experiencing any of the following symptoms, including vomiting, diarrhea, chills, muscle pain, headache, sore throat, new loss of taste or smell, fever, cough or shortness of breath, should contact their primary physician and Care Coordinator, Jena Britton at 410-696-6818 or email JBritton@millersgrant.org.



Prayer Service of Hope & Healing

Sunday, June 14 - 2:30 p.m.

Residents at both LVMG and CLV are invited to participate in a community-wide Prayer Service of Hope and Healing. Chaplain Stacey Brady and Chaplain Eileen Kelley-Warner (CLV) will lead the service. President/ CEO, Jeff Branch will bring a message.

This quiet service will be filled with candle lighting, litany and prayers to heal from the effects of COVID-19 as well as prayers of healing for racial injustice. Residents will be given battery-operated candles and bulletins in their apartments/ homes to enable participation. Come, Holy Spirit and renew us with your healing presence! **Contact Stacey Brady for more information or to obtain a Zoom video link: sbrady@lsmmd.org.**



Thanking our Neighborhood Helpers

We see the heroes working at Miller's Grant and we're grateful for all they do to protect our community and maintain some sense of normalcy. What many do not see is the generosity and support of our Howard County neighbors, friends, family members and businesses. CEO Jeff Branch shared a note of appreciation for these neighborhood helpers and we highlighted them in this video, <https://youtu.be/bGYAGNCScvQ>, to say thank you.

Thank you for continued support and cooperation. Please contact me at 410-696-6711 or LVMGCares@millersgrant.org with any questions or call the LVMG Cares Hotline at 410-696-6770.

Take care and be well.

Michelle Rosenheim
Executive Director
Lutheran Village at Miller's Grant