

Coronavirus (COVID-19)

Family Update - Independent Living
Tuesday, June 30, 2020



From the Executive Director

Dear Families,

We are slowly beginning to ease restrictions and introduce some normalcy back into our lives. The gym, beauty shop and pool are open by appointment. Residents can also sign up for croquet, cornhole, and exercise classes; and structured outdoor visits are allowed.



This is the day that the Lord
has made; let us rejoice
and be glad in it.

PSALM 118:24

There are added protocols in place for everyone's protection and we expect these will evolve over time. For now, these guidelines are directed by local and state health agencies and we appreciate everyone's cooperation and understanding.

Exercising personal responsibility is important as we slowly begin to reintroduce activities and open parts of the community.

- Wearing facemasks and following distancing guidelines are for everyone's safety.
- Even while walking outdoors, facemasks should be worn within 6 feet of another individual.
- Residents should wear their facemasks anytime they leave their home, and continue to follow protocols we have in place, including proper handwashing and sanitizing.
- We encourage residents to use contactless delivery for grocery items and meals and shop during senior hours.
- We strongly discourage residents from visiting in each other's homes or driving in one another's vehicles.

In addition:

- If residents leave the community and/or travel and do not follow the recommendations listed above, they are strongly encouraged to self-isolate and stay away from others. By not following the recommendation residents not only jeopardize their safety, but the safety of others at the community.
- If residents have a hospital stay or admission into a health care facility, they are required to stay in their home for 14 day. This is a recommendation from the County Health Department.

COMMUNITY UPDATES

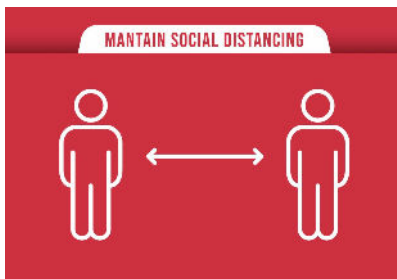
Outside Housekeepers

Now Included as Essential

Residents' housekeepers may now come to their home to provide cleaning services. They must follow the following guidelines:

- Prior to entering the community, they must undergo a health screening and temperature check.
- A facemask must always be worn while inside of the community and their home.
- If they have been exposed to the coronavirus, they must refrain from coming to the community for 14 days.

In addition, we strongly encourage residents to be in a different room or leave their apartment when they are in your home cleaning.



Pool Re-Opening

We offer morning and afternoon appointments to use the pool. Four people per hour can participate and registration is required. Time limit is 45 minutes to exercise. The remaining 15 minutes is used for cleaning and sanitizing to prepare for the next group. The Spa remains closed.

Cornhole is Back

Monday-Friday, 3 p.m.-7 p.m., Building C (Pool Patio).

Culinary Update

Move-Ins/Move-Outs

Continue with Guidelines in Place

During these summer months, we experience more people moving in and moving out of the community.

Our essential visitor only policy remains in effect; however, we are allowing new residents, families and movers to access the building during the move-in/move-out process.

These visitors must follow the following guidelines:

- Limit the number of individuals involved in the move
- Movers must use the closest entrance/exit to the unit.
- All family members/movers must be screened at the front entrance prior to coming into the building.
- Everyone is required to wear a mask and practice social distancing while in the building.

No other visitors are allowed except for end-of-life visits.

Dining services will be opening the Formal Dining Room for delivery and pick up! Carry out and delivery will be available on Fridays starting on Friday, July 10th. Residents will receive copy of the menu along with ordering instructions. More days to be added in the upcoming weeks!

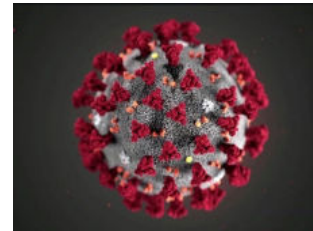
Fourth of July!

As a reminder, the Culinary Team has made a specialized Fourth of July picnic menu. The team will be serving, burgers, hot dogs, BBQ chicken with fixings and salads. For dessert, they have added red, white, and blue cupcakes to the menu.



COVID-19 Update

It is with a heavy heart that we share one of our community members who had been battling COVID-19 at a local hospital has passed away. Please keep this individual, their family and friends in your prayers.



Currently at Miller's Grant:

- There are *no new cases* to report at Miller's Grant.
- 6 Staff Positive Cases: All have recovered and returned to work
- 4 Resident Positive Cases: 2 have recovered and 2 have passed away

COVID-19 Testing

Residents should notify Jena Britton, Care Coordinator, if they are tested for COVID-19 and again when they receive their results: 410-696-6818 or email JBritton@millersgrant.org.

Please contact me at 410-696-6711 or LVMGCares@millersgrant.org with your questions. You can also call the LVMG Cares Hotline at 410- 696-6770.

Take care and be well.

Michelle Rosenheim
Executive Director
Lutheran Village at Miller's Grant

