

Coronavirus (COVID-19)

Resident Update - Independent Living
Tuesday, June 30, 2020



From the Executive Director

Dear Residents,

We are slowly beginning to ease restrictions and introduce some normalcy back into our lives. The gym, beauty shop and pool are open by appointment; you can sign up for croquet, cornhole, and exercise classes; and friends and family can schedule structured outdoor visits.



This is the day that the Lord
has made; let us rejoice
and be glad in it.

PSALM 118:24

There are added protocols in place for everyone's protection and we expect these will evolve over time. For now, these guidelines are directed by local and state health agencies and we appreciate everyone's cooperation and understanding.

Exercising personal responsibility is important as we slowly begin to reintroduce activities and open parts of the community.

- Wearing facemasks and following distancing guidelines is as much for your safety as it is for the safety of your fellow residents and team members.
- Even while walking outdoors, facemasks should be worn within 6 feet of another individual.
- Follow social distancing guidelines, wear facemasks anytime you leave your home, and follow protocols we have in place, including proper handwashing and sanitizing.
- We encourage you to use contactless delivery for grocery items and meals and shop during senior hours.
- We strongly discourage you from visiting in each other's homes or driving in one another's vehicles.

In addition:

- If you leave the community and/or travel and do not follow the recommendations listed above, you are strongly encouraged to self-isolate and stay away from others. By not following the recommendation you not only jeopardize your safety, but the safety of others at the community.
- If you have a hospital stay or admission into a health care facility, residents are required to stay in their home for 14 day. This is a recommendation from the County Health Department.

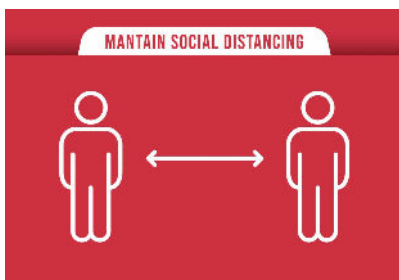
COMMUNITY UPDATES

Outside Housekeepers *Now Included as Essential*

Your housekeeper may now come to your home to provide cleaning services. Please advise them of the following guidelines ahead of time:

- Prior to entering the community, they must undergo a health screening and temperature check.
- A facemask must always be worn while inside of the community and your home.
- If they have been exposed to the novel coronavirus, they must refrain from coming to the community for 14 days.

In addition, we strongly encourage you to be in a different room or leave your apartment when they are in your home cleaning.



Move-Ins/Move-Outs *Continue with Guidelines in Place*

During these summer months, we experience more people moving in and moving out of the community.

Our essential visitor only policy remains in effect; however, we are allowing new residents, families and movers to access the building during the move-in/move-out process.

These visitors must follow the following guidelines:

- Limit the number of individuals involved in the move
- Movers must use the closest entrance/exit to the unit.
- All family members/movers must be screened at the front entrance prior to coming into the building.
- Everyone is required to wear a mask and practice social distancing while in the building.

No other visitors are allowed except for end-of-life visits.

Pool Re-Opening by Appointment Only

Four slots per hour

Morning Hours: 7:30 a.m. - 11:15 a.m. Afternoon Hours: 1 p.m. - 3 p.m.

Time limit: 45 minutes to complete your workout, allowing 15 minutes for Lifeguard to clean and prepare for next group. The Spa remains closed.

Registration Required: Call Courtney Abell at 410-696-6766 to register or if you have access to a computer, **Click Here.**

Cornhole is Back

Monday-Friday, 3 p.m.-7 p.m., Building C (Pool Patio). **Registration Required.** Call Courtney Abell at 410-696-6766 to register or if you have access to a

computer, **Click Here** to access the Google Document.

Culinary Update

Dining services will be opening the Formal Dining Room for delivery and pick up! Carry out and delivery will be available on Fridays starting on Friday, July 10th. Residents will receive copy of the menu along with ordering instructions. More days to be added in the upcoming weeks!

4th of July!

As a reminder, the Culinary Team has made a specialized Fourth of July picnic menu. The team will be serving, burgers, hot dogs, BBQ chicken with fixings and salads. For dessert, they have added red, white, and blue cupcakes to the menu.



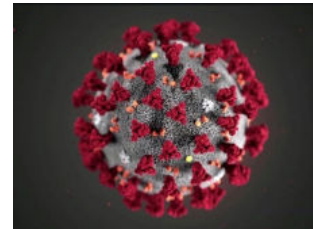
Town Hall Update

Thank you for all those who tuned into our first virtual town hall and all those who submitted questions beforehand. If you were unable to join us live, you can view the presentation at the link below. The password is lvmg.

<https://venue.streamspot.com/video/3ea8ee7bb6>

COVID-19 Update

It is with a heavy heart that we share one of our community members who had been battling COVID-19 at a local hospital has passed away. Please keep this individual, their family and friends in your prayers. Currently at Miller's Grant:



- There are *no new cases* to report at Miller's Grant.
- 6 Staff Positive Cases: All have recovered and returned to work
- 4 Resident Positive Cases: 2 have recovered and 2 have passed away

COVID-19 Testing

Please notify Jena Britton, Care Coordinator, if you are tested for COVID-19 and again when you receive your results: 410-696-6818 or email JBritton@millersgrant.org.

Please contact me at 410-696-6711 or LVMGCares@millersgrant.org with your questions. You can also call the LVMG Cares Hotline at 410- 696-6770.

Take care and be well.

Michelle Rosenheim
Executive Director
Lutheran Village at Miller's Grant

