

# Coronavirus (COVID-19) and Executive Director Update

Resident, Family and Team Update November 23rd, 2022

From the Executive Director

Dear Independent Living Residents, Family and Team Members,

"Be present in all things and thankful for all." - Maya Angelou

As we approach Thanksgiving, I find myself reflecting, more than typical, how I am grateful to be a part of this special community. Research shows people who practice gratitude every day are happier and healthier. Seeing the thankful tree front and center at the pub has been so wonderful.

It seems many of us are grateful for family, friends, team members, health, Miller's Grant and so much more including the overflowing basket of toys being collected for the Howard County Pregnancy Center.

I wish everyone joy, support, gratefulness and happiness during this Thanksgiving week.

## Culinary

We look forward to hosting many residents and their guests on Thanksgiving. Culinary has crafted a delicious memo. I know many have really enjoyed the Holiday-To-Go program for the upcoming holiday events. Menu options are outside the bistro.

Thanksgiving hours are noon to 3 p.m.

### **Volunteers**

We are continuing to grow our volunteer program! Residents,

family members and the community can volunteer at Miller's Grant. Individuals who are interested in learning more or sharing their talent or time should contact our Social Worker, Michaela Lauterbach at 410-696-6870 or <u>mlauterbach@millersgrant.org</u>.

#### COVID-19

There are no active cases at the community. However, during times of increased travel and gatherings, illness exposure tends to increase. Individuals who are not feeling well, should stay home to rest and recover as well as prevent spreading their illness to someone else.

This will be a challenging flu season along with COVID-19. Residents who have flu or COVID-19 like symptoms should email **LVMGCares@millersgrant.org** call 410-696-6770.

Take care and be well, Michelle Rosenheim **Executive Director** Lutheran Village at Miller's Grant

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