

Executive Updates



Coronavirus (COVID-19) and Executive Director Update

Resident, Family and Team Update

Wednesday, March 6th, 2024

From the Executive Director

Dear Independent Living Residents, Family and Team Members,

Since the weekend, there have been two positive COVID-19 cases reported from two households and multiple exposures.

Active Cases:

Independent Living: 2

Health Care: 0

Assisted Living: 0

Team Members: 0

Residents who experience influenza or COVID-19-like symptoms should:

- Contact LVMG Cares by phone or email. Residents will receive a call the next business day
- Contact their primary care physician about their symptoms and COVID-19 test results
- Visit an urgent care facility, if needed

Center for Disease Control and Prevention Updates

COVID-19 Vaccine 2023-2024 Recommendation

Health officials recommend older adults receive the COVID-19 vaccine in the spring even if they received a booster last fall. Tia Pate, RN, clinical care coordinator has contacted Giant about providing a spring booster clinic. The dates will be:

- April 3
- April 5
- April 16

Please do not contact the medical suite to sign up as more information will follow closer to the clinics.

Guidelines for Positive and Exposed Residents

The CDC released updated recommendations on how individuals can protect themselves and communities from respiratory viruses including COVID-19. View the CDC's [Updates and Simplifies Respiratory Virus Recommendations](#).

· Positive Residents

- CDC: Returning to normal activities can begin after 24 hours if symptoms are improving **and** a fever is not present without using a fever-reducing medication.

LVMG: Upon testing positive and/or at the first onset of symptoms, residents are required to isolate for five days.

- CDC: After resuming normal activities, individuals should wear a mask and practice social distancing for five days to prevent spreading the virus.

LVMG: Residents who tested positive need to wear a mask for ten days in the presence of other residents and team members. A date will be provided by the care coordinator.

· Exposed Residents

- CDC: No longer has exposure guidelines.

LVMG: No longer provides official exposure guidelines, but strongly recommends residents wear a mask for at least 72-hours and self-monitor symptoms. However, if another household member tests positive for COVID-19, both residents need to wear a mask for 10 days in the community.

· Health Care and Assisted Living

There are no changes to guidelines for nursing homes and other health care facilities.

Our guidelines will be reevaluated if a high number of residents:

- Receive a COVID-19 vaccine in the spring
- Test positive or are exposed to COVID-19

Home Test Kits

Residents should order and have a couple home test kits. Most insurance companies cover the cost. Residents who need a test kit can contact Tia Pate, clinical care coordinator, or Concierge.

Hotline at 410-696-6770 with your questions.

Take care and be well,
Michelle Rosenheim
Executive Director
Lutheran Village at Miller's Grant

The Lutheran Village at Miller's Grant
9000 Fathers Legacy | 410-696-6700 | millersgrant.org

**COVID Exposure
Guidelines**

**COVID Isolation
Guidelines**



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